

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Lizette Prinsloo**

Has successfully participated & completed the  
**10km Cowhouse Summer Trail Run 2018**  
held at Cowhouse Market.

**TIME 01:03:02**

**PACE 06:18/km**  
**OVERALL 50 of 110**

**GENDER 19 of 60**  
**40 - 49 4 of 18**

27 January 2018, Sat

Date



*BoutTime*

Signature

